### FREE TRAINING

# **NJ Health**

## **Public Preparedness Program**

Location: Middlesex County Fire Academy 1001 Fire Academy Dr Sayreville, NJ 08872

March 12, 2019 Modules 1&2 (6:30PM-10:30PM) March 20, 2019 Modules 3,4,&5 (6:30PM-10:30PM) April 6, 2019 Module 6 (9:00AM-1:00PM) FREE CPR+FA

\*You must attend all 5 modules to qualify for FREE CPR\*

The goal of the public preparedness program is to educate the general public, CERT, and MRC volunteers in regard to personal/family preparedness measures that can be taken to reduce the impact of a disaster/ emergency. Training in this program is meant to give the participants basic skills in preparedness. At the end of the series, participants will be better prepared for everyday emergencies as well as natural and manmade disasters.

### **Until Help Arrives**

NTY OF M

SUPERVISO

#### Run Hide Fight

**Disaster Planning** 

#### **Bleeding Control**

### Fire Safety

**CPR and First Aid** 

UNIVERSITY HOSPITAL Center for Emergency Preparedness and Response

- (3/12) https://uhnj.enrollware.com/enroll?id=2664348
- (3/20) https://uhnj.enrollware.com/enroll?id=2664350
- (4/6) https://uhnj.enrollware.com/enroll?id=2664353

To register and for more info:

### 973-972-6444



